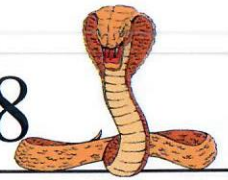


Cafeteria Services @ Keystone School

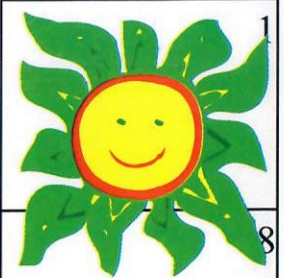
September 2018








Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Please make Checks payable to Cafeteria Services, or call us to pay by credit or debit card
(210) 348-7667

ALA Carte items available every day



	<p>2 3</p>	<p>4</p> <p>Spaghetti <u>with or without meatballs</u>, garden salad, fruit</p>	<p>5</p> <p>Cheese quesadilla, mexican rice, ranchero beans, fruit</p>	<p>6</p> <p>Orange chicken, stir fry veg. steam rice, spring roll, fortune cookie</p>	<p>7</p> <p>Keystone pizza sale Cafeteria Ala Carte and Salad bar only</p>	<p>8</p>
	<p>9</p> <p>10</p> <p>Chicken nuggets, mashed potatoes, gravy, peas and carrots, fresh fruit</p>	<p>11</p> <p>12</p> <p>Sloppy Joes, Oven baked curly fries, fresh veggies and dip, fruit</p>	<p>12</p> <p>13</p> <p>Bean & Cheese tacos, mexican rice, ranchero beans, fruit</p>	<p>13</p> <p>14</p> <p>Baked Chicken, rosemary potatoes, peas, dessert</p>	<p>14</p> <p>15</p> <p>Fish stix, macaroni & cheese, baby carrots, fruit</p>	<p>15</p>
	<p>16</p> <p>17</p> <p>Beef or Cheese lasagna, mix vegetables, Romaine salad, fruit</p>	<p>18</p> <p>19</p> <p>BEEF Hot dogs or chili dogs, potato chips, fruit salad</p>	<p>19</p> <p>20</p> <p>Crispy beef tacos, mexican rice, refried beans, fruit</p>	<p>20</p> <p>21</p> <p>BEEF steak fingers, mashed potatoes, gravy, green beans, fruit</p>	<p>21</p> <p>22</p> <p>Breaded chicken breast sandwich, grape & apple salad, dessert</p>	<p>22</p> <p>FALL BEGINS</p>
	<p>23</p> <p>24</p> <p>Jumbo Corn Dogs, Broccoli & cheese sauce, sweet carrots, fruit</p>	<p>25</p> <p>26</p> <p>Chicken tenders, macaroni & cheese gravy, mix vegetables, fresh fruit</p>	<p>26</p> <p>27</p> <p>Chicken Noodle Soup, Grill Cheese Sandwich, broccoli & cauliflower salad, fresh fruit</p>	<p>27</p> <p>28</p> <p>Hamburgers (<u>meat or vegetable</u>), lettuce, tomatoes, cheese, fresh veggies & dip, chips</p>	<p>28</p> <p>29</p> <p>Mini-meatball sub, pasta salad, corn, fruit</p>	<p>29</p> 
<p>30</p>						