





# Cafeteria Services @ Keystone School September 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Please make Checks payable to Cafeteria Services, or call us to pay by credit or debit card (210)348-7667.

To access your account:  
[www.ezschoollapps.com/parentlogin.aspx](http://www.ezschoollapps.com/parentlogin.aspx)

			1	2	3	4	5	
			<b>WELCOME BACK !!!!!</b>					
6		7	8 Chicken nuggets, mashed potatoes, gravy, sweet carrots, fruit	9 Bean & Cheese tacos, mexican rice, green beans, fruit	10 Baked Chicken, buttered new potatoes, gravy, peas & carrots, dessert	11 Mini meatball sub-sandwich, potato chips fresh vegetables, fruit	12 	
13	14 Lasagna ( <b>cheese or beef</b> ), steam spinach, and corn, garden salad, fruit	15 Hot dogs or chili dogs macaroni & Cheese, broccoli & cauliflower salad, fruit	16 Crispy beef tacos, mexican rice, ranchero beans, lettuce, tomatoes, fruit	17 Orange Chicken, stir fry vegetables, steam rice, spring roll, fortune cookie	18 Breaded Chicken breast sandwich, garden salad, zucchini, Jell-O-salad	19		
20 	21 Jumbo Corn Dogs, broccoli & cauliflower salad, oven baked fries, fruit	22 Spaghetti <b>with or without meatballs</b> , garden salad, mix vegetables, fruit	23 Cheese quesadilla mexican rice, ranchero beans, fruit	24 Hamburger ( <b>meat or vegetable</b> ), lettuce, tomatoes, cheese, potato chips, fresh veggies, fruit	25 BBQ Chicken Leg & Thigh, potato salad, coleslaw, dessert	26 		
27	28 Chicken Tenders, mashed potatoes, gravy, peas, fruit	29 Chicken & Waffles, steam baby carrots, grapes and apple salad	30 Cheese enchiladas in red sauce, mexican rice, ranchero beans, fruit	Due to the uncertainty of the food chain supply, substitution of a menu item may become necessary. Notification will be made in advance.				