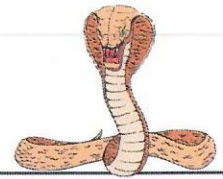
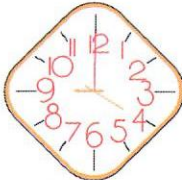







# Cafeteria Services @ Keystone School

# November 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 1 End Daylight Saving time	2 Hot dogs or chili dog, macaroni & cheese, fresh veggies & dip, fruit	3 Chicken tetrazini, mixed vegetables, romaine salad, bread sticks, fruit	4 Crispy beef tacos, mexican rice, ranchero beans, lettuce, tomatoes, fruit	5 Orange Chicken, stir fry vegetables, steam rice, spring roll, fortune cookie	6 Baked Potato soup, ham & cheese sandwich, garden salad, fruit	7
8	9 Steak fingers, mashed potatoes, gravy, peas, fruit	10 Spaghetti with or without meatballs, tuscan style green beans, garden salad, fruit	11 Taco Salad (Nacho Style) lettuce, tomatoes, cheese sauce, fruit	12 Hamburger ( <u>meat or vegetable</u> ), lettuce, tomatoes, cheese, potato chips, fresh veggies, fruit	13 Tomato Soup, grill Cheese sandwich, steam spinich & corn, fruit	14 
15 	16 Lasagna, steam mixed vegetables, garden salad, fruit	17 Chicken & Waffles, steam baby carrots, grapes and apple salad	18 Bean & Cheese tacos, mexican rice, ranchero beans, fruit	19 Roasted turkey w/dressing, gravy, mashed potatoes, corn, pumplin delight	20 <b>EARLY RELEASE NO LUNCH SERVICE</b>	21 
22 	23 <b>THANKSGIVING</b>		25	26 	27 <b>BREAK</b>	28
29	30 Chicken nuggets, mashed potatoes, gravy, green beans, fruit	<p style="text-align: center;"> <b>Please make Checks payable to Cafeteria Services, or call us to pay by credit or debit card (210)348-7667.</b>                      To access your account: <a href="http://www.ezschoollapps.com/parentlogin.aspx">www.ezschoollapps.com/parentlogin.aspx</a> </p>				